

ESTES / AAST

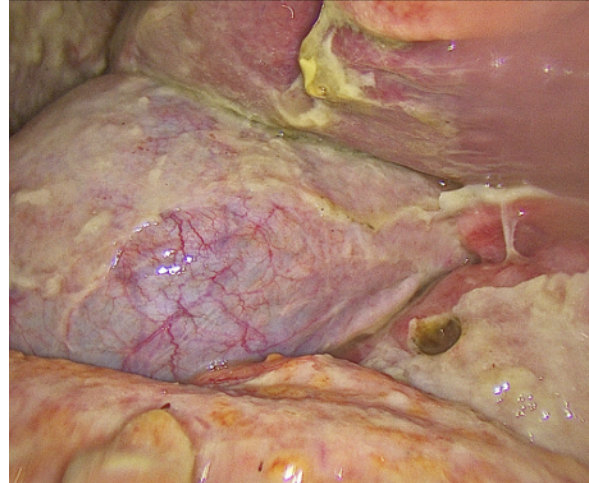
EMERGENCY SURGERY COURSE

DEDICATED TO FURTHERING KNOWLEDGE ON
EMERGENCY GENERAL SURGERY

www.estesonline.org

ESTES

EUROPEAN SOCIETY FOR TRAUMA
AND EMERGENCY SURGERY



Inselspital, Bern
17.-18.03.2026



The Emergency Surgery Course® is a joint initiative of the European Society for Trauma & Emergency Surgery (ESTES) and the American Association for the Surgery of Trauma (AAST). The course is organized by the Swiss Association for Trauma and Acute Care Surgery (SwissACS).

ESC® aims to aid surgeons in non-trauma emergency surgery by providing the know-how and the decision-making skills necessary for daily practice. The course consists of theoretical sessions, case scenarios and state of the art videos. The course is especially designed in an interactive format from the beginning till the end.

The 2nd Swiss edition will be held on March 17 and 18, 2026, at the Inselspital Bern

The course is divided into two parts:

1. the first consists in several theoretical, didactic sessions, designed to provide the basic steps for adequate and timely diagnostic and decision-making;
2. the second, video-based, designed to provide tips and tricks to improve the skills of the general surgeon to deal with surgical emergencies.

In sum, the ESC has the following goals:

- Confront surgeons with every day and problematic emergency scenarios
- Provide concrete answers and guidelines for questions emerging from these situations
- Hone the decision-making skills necessary to manage preoperative, intra-operative and post-operative issues

The participants will:

- Improve clinical skills
- Establish priorities in diagnosis and treatment
- Recognize the evidence that supports decisions and interventions
- See real-life case presentations as examples
- Familiarize themselves with important diagnostic tests and therapeutic maneuvers
- Learn new interventions that may improve outcome

COURSE VENUE:

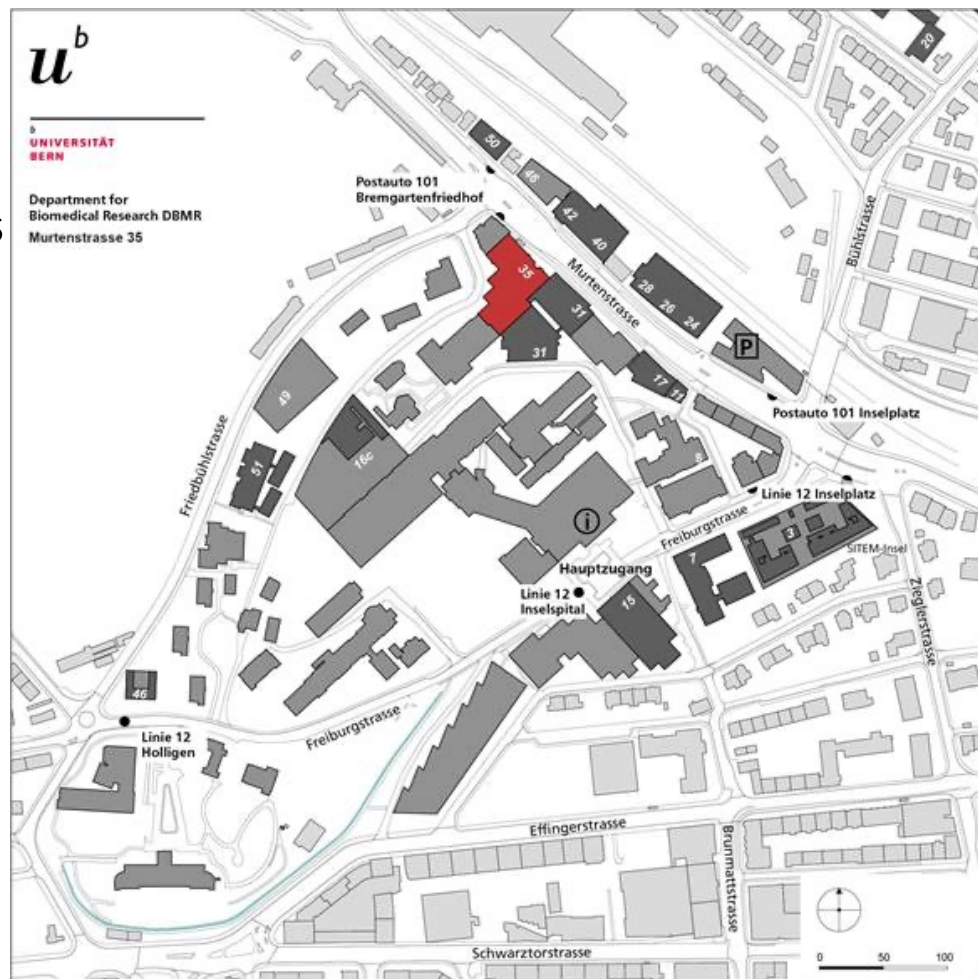
Inselspital

Maurice E. Müller-Haus

Floor H, Room 810

Murtenstrasse 35

3008 Bern



DATE:

17.03.2026: 10:10 - 18:35

18.03.2026: 09:00 - 18:00

INFO:

www.swissacs.ch

The course is limited to 25 participants.

Course language: English

Coffee and lunch will be provided

CREDITS:

Swiss Society of Surgery (SGC-SSC): 10 credits

FEE:

CHF 380.- for non-members

CHF 350.- for members SwissACS/ESTES/AAST

+ CHF 90.- course book (optional)

DAY 1	March 17, 2026
10:10 - 10:30	Registration
10:30 - 10:45	Introduction
10:45 - 11:10	Abdominal sepsis
11:15 - 11:35	Bowel obstruction
11:40 - 12:10	Case 1
12:10 - 12:30	Mesenteric Ischemia
12:35 - 13:05	Case 2
13:10 - 14:00	Lunch
14:00 - 14:25	Colorectal emergencies
14:30 - 15:00	Case 3
15:00 - 15:40	BREAKOUT: Open Abdomen!
15:40 - 16:00	Coffee, Tea & Snacks
16:00 - 16:30	Pancreatitis
16:35 - 17:00	Peptic ulcer disease
17:05 - 17:35	Case 4
17:35 - 18:00	Acute cholecystitis
18:05 - 18:25	Case 5
18:25 - 18:35	Debrief

DAY 2	March 18, 2026
09:00 - 09:30	BREAKOUT: Pancreatitis!
09:35 - 09:55	Spontaneous hemoperitoneum
09:55 - 10:15	Case 6
10:15 - 10:35	GI Bleeding
10:40 - 11:00	Case 7
11:00 - 11:20	Coffee, Tea & Snacks
11:20 - 12:25	Postoperative complications
12:25 - 13:00	BREAKOUT: CT scan X Rays!
13:00 - 14:00	Lunch
14:00 - 14:25	Appendicitis
14:30 - 14:50	Case 8
14:50 - 15:05	Coffee, Tea & Snacks
15:05 - 15:50	BREAKOUT: Operative Videos!
15:50 - 16:10	OB/GYN emergencies
16:15 - 16:35	Necrotizing Soft Tissue Infections
16:40 - 17:10	Post - Course Test
17:10 - 17:35	Review course tet
17:35 - 18:00	Closing Ceremony



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Faculty

Prof. Dr. Isidro Martínez Casas
Sevilla, Spain
Course Director



Dr. Fabio Butti
Nyon, CH



Prof. Dr. Antonio La Greca
Rome, Italy



Dr. Matteo Cimino
Milan, Italy



Prof. Dr. Beat Schnüriger
Bern, CH



PD Dr. Tobias Zingg
Lausanne, CH



Dr. Lukas Widmer
Fribourg, CH



EMERGENCY SURGERY COURSE

Registration form

I confirm my participation in the Emergency Surgery
Course (17-18 March 2026, Bern)

I would like to purchase the official course textbook
(+90 CHF)

I'm a member of

AAST
ESTES
Swiss ACS

Last name

Frist name

Date of birth

Department

Hospital

Position

E-Mail-Address

please save the pdf and send to
info@swissacs.ch